



**NIPANC**  
NORTHERN IRELAND  
PANCREATIC CANCER

# #Pedal The Periphery 2026



**05 - 07 June 2026, 480 miles in 48 hours**



**Participant Information Pack**

[www.nipanc.org](http://www.nipanc.org)

## Welcome to PedalThePeriphery 2026, a one-of-a-kind team endurance event celebrating courage, connection, and community.

Every mile you ride helps raise vital funds and awareness for pancreatic cancer through NIPANC. Whether you're a first-time challenger or an endurance veteran, you are now part of a growing movement making a lasting impact.

This pack contains everything you need at this stage as you start this incredible adventure with NIPANC and Team PedalThePeriphery. So have a read, and remember any questions just reach out to [pedaltheperiphery@nipanc.org](mailto:pedaltheperiphery@nipanc.org)

### The Story so far *480 miles. 48 hours. One remarkable journey.*

PedalThePeriphery began as a promise, a legacy of courage made by Paddy Harrower, a Wallace High School PE teacher and endurance sports enthusiast who was diagnosed with pancreatic cancer on Easter Sunday 2022 and passed away just 14 weeks later.

Before his death, Paddy challenged his wife Andrea and her sister Cathy to cycle non-stop around Northern Ireland to raise awareness and funds for NIPANC. They did, completing 480 miles in 48 hours and raising over **£102,000**, with their story reaching audiences in more than 80 countries.

That initial act of courage became a movement, a movement that has become a flagship team event, led by the team at NIPANC.

In 2024, over 97 riders across 9 teams took part, raising **£97,500** again and creating more than 97 powerful new stories of endurance, hope, and unity.

*"It's the toughest, most rewarding thing I've ever done, every mile matters."*

By 2025, PedalThePeriphery had grown into one of Northern Ireland's most inspiring community challenges. Together, riders, supporters, and sponsors raised an outstanding **£184,384.70** for NIPANC in a single ride around Northern Ireland.

*"It just gets better and better every year!"*

With 3,308 online donors and 17 fundraising events taking place before the event itself, supported by thousands of followers and volunteers across checkpoints and finish lines, the event reflected the very best of purpose-driven community.

*"Wow, just wow! I have participated in many events over the years, but this one is something special. It's so much more than just a cycle, it's a movement! From the minute we entered we knew we were part of something special"*

That success extended far beyond the road, helping fund NIPANC's support services, which provide guidance and support to individuals and families facing a pancreatic cancer diagnosis, and enabling vital research focused on earlier detection and better outcomes for those affected. PedalThePeriphery has become more than a challenge. It is a shared journey of remembrance, resilience, and hope, a collective effort to change the story of pancreatic cancer in Northern Ireland.



Now, it's your turn.

**Pedal the Periphery 2026** will build on this extraordinary legacy, pushing further, connecting more people, and continuing to show what's possible when determination meets purpose.



## The Event

This event is designed as a challenge; it is a test of planning, teamwork, endurance, determination and fitness. You should be prepared for little sleep, undulating climbs, testing weather with the likelihood that at times you may be cold, wet and uncomfortable! But with that comes teamwork, excitement, drive, empowerment, encouragement and unrivalled satisfaction!

This is a non-stop team relay, meaning:

- the team must finish within 48 hours, and
- at least one cyclist must always be on the route between start and finish.

You decide how your team tackles it, but teamwork, planning, and determination are key with a little help from Team #PedalThePeriphery if needed.

## The Route

The route begins at Lisburn Rugby Club and ends at Wallace High School, taking riders through some of Northern Ireland's most breath taking scenery, from the Mourne to the Causeway Coast.

This is NOT A MASS START event with starting riders from each team released in intervals from the start line. Start time will be communicated by the start of June, and be in ten minute intervals between 1.30pm and 4.00pm on Friday 5<sup>th</sup> June 2026.

### EVENT START

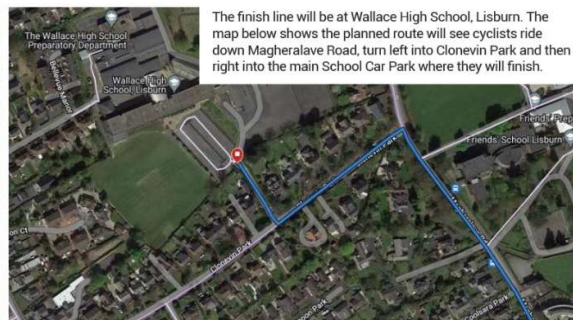
The starting point will be at Lisburn Rugby Club, 71 Eglantine Road, Lisburn, BT27 5RQ. The map below shows the event starting at the club, turning right onto Eglantine Road, then joining the Blaris Greenway to Belfast and onto Holywood.

This is NOT A MASS START event with solo riders from each team released in controlled stages from the start line as directed by the event organisers.



### EVENT FINISH

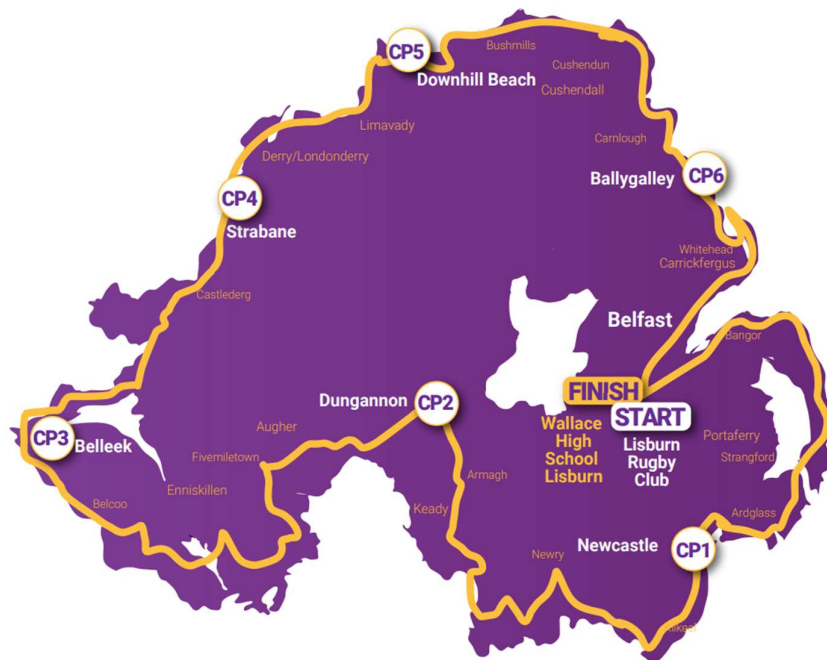
The finish line will be at Wallace High School, Lisburn. The map below shows the planned route will see cyclists ride down Magheralave Road, turn left into Clonevin Park and then right into the main School Car Park where they will finish.



This is not a closed road event. The route will be made available via Garmin and Komoot, and easily downloadable for your navigation. We will also provide some route markings in tricky navigation points. There will also be a Marshall vehicle at the front of the event, and at the back of the event.

## Official Checkpoints

There are eight official checkpoints along the route including the start and finish. Whilst these checkpoints are primarily used to manage the route and the flow of riders, they are also being used to 'paint the route purple'. Managed by a dedicated 'NIPANC Checkpoint Champion' these checkpoints will provide all teams with food, restroom stops and, if required, a bit of warmth, coupled with a promise of atmosphere, laughter, hugs (if needed!) and words of support to keep teams motivated!



You are not required to stop, or change over riders at these points.

The checkpoints will also allow for your supporters to congregate somewhere safe, and fun, and help support you along the route.

Official Checkpoints							
Start	CP1	CP2	CP3	CP4	CP5	CP6	Finish
<b>Lisburn Rugby Club</b>	Eurospar Castlewellan Road Newcastle	ASM Chartered Accountants Dungannon	Church of Ireland Hall Belleek	Strabane (Exact Location TBC)	Downhill Beach House	Ballygalley Castle Hotel	<b>Wallace High School Lisburn</b>

## Tracking & Communication

Each team will carry a GPS tracker, provided at the event briefing. This will fit into the back pocket of a cycle jersey and will act as the teams relay baton. This device must travel with one of your teams active riders at all times, and enables real-time tracking through a public link so family and friends can follow your progress, and serves as a means for the Event team to keep an eye on you over the 48 hours!

## Team & Support Crew

Every team should have a dedicated support vehicle, ideally with a minimum of two qualified drivers. Support vehicles are mandatory between 10.00 pm and 6.00 am (dark hours) for rider safety, but not required during daylight hours.

That said, your support crew is a huge part of the team dynamic, providing encouragement, practical help, and morale throughout the challenge. We strongly encourage your supporters to come along and enjoy both the fun-filled days and memorable nights that make PedalThePeriphery such a unique experience.

When travelling behind a rider your vehicle must display “SUPPORT VEHICLE” signage and flashing roof light (both provided at the briefing) and, during dark hours, should stay within 10 metres of your rider for visibility and safety.

Plan for long driving periods, and coordinate driver rest breaks carefully to ensure everyone stays safe and focused.

Your crew is your lifeline. Encourage them to plan meals, navigation, and rest stops in advance to keep everyone comfortable, positive, and ready to enjoy the ride.

## Your Event Journey

Between January 2026 and June 2026, the Team #PedalThePeriphery crew will be running a series of initiatives to support your training and event preparation. We’ll be sharing updates, challenges, and opportunities to get involved through our social channels and by email, so keep an eye out, get involved, and come join us for some fun as we count down to the big weekend.

These are the key dates you can put in your diary now though!

Date	Venue	Activity
<b>Thursday 4<sup>th</sup> June 2026</b> <b>7-8pm</b>	Wallace High School Lisburn	Pack Pick-Up • Team Photos • Meet the Teams • Event Briefing (7–8 pm)
<b>Friday 5<sup>th</sup> June 2026</b> <b>1.00pm - 4.30pm</b>	Lisburn Rugby Club	Official Start • Waved departures every 5/10 minutes (team times released 1st June)
<b>Friday 5<sup>th</sup> June 2026 – Sunday 7<sup>th</sup> June 2026</b>	480 mile route	Teams complete the route • Check-in via official checkpoints
<b>Sunday 7<sup>th</sup> June 2026</b>	Wallace High School Lisburn	Finish line celebration • Fundraising prize draw for Fustle Lakeland bike (RRP £4,000)

## Fundraising

NIPANC is comprised solely of a voluntary Board, and every penny raised goes into supporting patients and families, awareness raising and funding research. PedalThePeriphery is NIPANC’s flagship fundraiser and so we make fundraising as easy as possible for you!

On entry an individual and team fundraising page is automatically created. Your team page is ideal for sharing on social media, it helps promote your *whole team's* efforts and encourages support from a wider audience. Your individual page is more personal, perfect for sharing with friends, family, and colleagues who know *you* and want to support *your* personal challenge.

There's a bit of science behind this approach! Having both options helps maximise donations by reaching different groups of supporters in the way that's most effective.

Not only do we make it easy for you but we also incentivise you! Every individual who raises over £1,500 on their own individual page by the time the *last team crosses the finish line* on 7th June are entered into a prize draw to win a **Fustle Lakelander bike worth over £4,000!**



We will share tips and tricks throughout the build up to help your fundraising efforts, whether it be sharing your fundraising page, hosting a spinathon, coffee morning or asking your workplace for match funding....we're here to help make that prize draw!

## The Serious Bits!

### Bike & Road Safety

Your safety, and that of others, is our top priority.

Before the event:

- Check brakes, gears, and tyres are in good working order.
- Fit both front and rear flashing lights (mandatory) and a helmet (must be fastened).
- Recommended gearing: 34x30 or 36x32 for the steepest climbs.
- Carry: spare tubes, pump, tyre levers, rain gear, power bank, food, and hydration.

During the event:

- Always obey the Rules of the Road and PSNI/marshal instructions.
- Keep left, be visible, and descend cautiously — some roads are narrow, windy, or rural.
- No earphones or radios allowed.
- Prepare for changing weather — waterproofs and sunscreen recommended.

If conditions become unsafe, we may adjust or shorten the route.

### Environmental Promise

Please respect our beautiful landscape. Carry litter until you reach a checkpoint and use bins provided.

♥ Leave No Trace.

## Photography & Media



Official photographers will be capturing moments across the route and finish line. Images may appear on our social media or in post-event promotions. Smile, your effort deserves to be seen and celebrated!

## Event Weekend Starter Checklist

- ✓ Helmet (fastened)
- ✓ Front & rear flashing lights (+ spare batteries or power bank)
- ✓ High-visibility clothing
- ✓ Nutrition & hydration plan
- ✓ Phone charged
- ✓ Support crew ready
- ✓ Positive mindset and team spirit!

## See You at the Start Line

The countdown is on. Your dedication, energy, and compassion are what make this event extraordinary. On June 5th 2026, we ride together, for every family touched by pancreatic cancer.

We urge you to come join our community over the next number of months before the 5<sup>th</sup> June. For updates:

- Private Facebook Group: training tips, live Q&As, and cycle-specific S&C sessions.
- Public Pages: share your journey, stories, and photos — [facebook.com/NIPANCPedalThePeriphery](https://facebook.com/NIPANCPedalThePeriphery)
- Email: updates and essential event communications will go to your registered address.

💖 PedalThePeriphery 2026: Together, we pedal for purpose.